



Guidance for the Joining in Light Brigade Joining One-on-One for Ch20 JANC ACIM

The instructions for joining to review Chapter 20 can be found in this YouTube video: [https://youtu.be/ QvwkVUU0Nc](https://youtu.be/QvwkVUU0Nc)

Excerpt from Light Circle Thursday Dec 12.

Jesus is providing a simple means to work with him to release the desire to deny Divinity, and thus directly experience what ACIM is teaching as true. He is encouraging us to join one-on-one with a brother (and with him) to review and release the beliefs and desires listed in Ch20, Jesus: A New Covenant ACIM. This video contains very specific instructions for how to join to go through and release the desires in the chapter UNDER HIS GUIDANCE. This joining is NOT a discussion. These joining sessions are a Q&A sessions with Jesus to determine whether the desires are below the level of awareness and to ask for his help to release the desires that deny miracles which are natural to us.

Key points in the Video:

1. **Ask Jesus for help to find a partner/mighty companion willing to go through Chapter 20** line by line to heal all the desires listed. You can text us at the Center if you would like help finding a partner. Be committed that this is a gentle contemplation that is a good use of time. Be willing to be completely guided step by step through the Chapter with Jesus. Realize that it may take a number of sessions to deeply go through the chapter. Join with only one partner. In most cases it is not as direct or helpful to have more than two people at once.
2. **Join with your partner in person or via teleconference** (Facebook Messenger or Zoom) and pray for help. Review the video instructions at the link given above. If necessary you can also refer to the Joining in Light Miracle worksheet for how to speak to Jesus. Staying in the Light Circles and joining when upsets arise will also support this process.
3. **Read a sentence in Ch20, pause and ask Jesus what you need to see.** Ask if the desire exists below the level of awareness and let him tell you if does. If he says it does, admit the desire and ask for a miracle. If he says you are not ready for a miracle, ask him if he will take you deeper into seeing the desire so it can be released. Repeat until you hear him say you are ready for a miracle. (or you can ask him if you are ready.) Keep going until he tells you are complete with looking. It is helpful for both mighties.
4. **You may find that your mind drifts when you start to look.** This is a distraction. Just keep asking Jesus to help you to stay focused on releasing the desire for the experience. Stay at the level of desire for the experience-- the wanting/relishing of it. Do

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not be distracted by emotions or pictures appearing. Stay focused on the energy of the desire for experience and ask for help releasing it.

5. **After a desire is released you may share BRIEFLY** what Jesus told you about the desire IF he tells you it is truly helpful to share. Please keep this to a minimum, as the greatest focus is on releasing the DESIRE to a miracle.

Sharing from the video session:

Rita shared her experience going through Ch 20 with Renee and Kelly — that it is possible to look at desires with a focused mighty companion without getting caught up in the emotion of it and the release becomes simple and easy. It is important to focus only on the desire for the experience.

Irene asked a question to have more clarity about how to look at desires and then demonstrates a perfect demonstration of how fast, simple and easy it is to go through the process with Jesus, through asking questions and going deeper until she is ready for the miracle. She expresses that she finds it to be very easy.

To find a partner to go through Chapter 20 with Jesus, text us at the Joining in Light Facebook group.

<https://www.facebook.com/JoiningInLightDevotionalCenterACIM/>

or email Join@joininginlight.net

Joining in Light Miracle worksheet.

<https://joininginlight.net/working-miracles-with-jesus-worksheet-joining-in-light/>

You can find brothers willing to join in the Joining in Light Brigade Group in Facebook Brigade Link <https://www.facebook.com/groups/lightbrigade/>

To Join Light Circle sessions: <https://joininginlight.net/daily-light-circles-via-zoom-to-clear-blocks/>

To download Jesus: A New Covenant ACIM (to access Chapter 20)

<https://joininginlight.net/acim-jesus-a-new-covenant-book-chapters/>