

A MESSAGE FOR A COURSE IN MIRACLES STUDENTS

Discussions with Jesus while typing Jesus: A New Covenant



Joininginlight.net

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- 1 I love what you are, not what you have made of yourself, for this does not exist
- 2 Are miracles – do I want to control them?
- 3 No. you see that you are the miracle... the miracle is love. You are under Christ control – my control,
- 4 and through my guidance miracles occur naturally on your behalf.
- 5 What did you mean by consciously selected miracles are usually misguided?
- 6 Any miracle without the discretion of superconsciousness- my guidance is misguided.
- 7 Jesus if there is no one else who is this all for? Love, love's expression. This is how love is expressing in
- 8 my name.
- 9 I feel so much happiness talking to you, beyond what I can say. Nothing is more important than this to
- 10 me.
- 11 You honor yourself in this. This is answering the call of the Father. You fear your father has forgotten
- 12 you and holds you responsible somehow.
- 13 That feels really deep. I was withholding love from myself for this. Yes.
- 14 Is it possible to be unified consciousness and still talk to you? Yes.
- 15 I am your voice. The voice of all the power granted to you by God. Infinite love. You will always hear my
- 16 voice. Always. Even as unified consciousness, which you are. This is why my voice is so very clear to
- 17 you. You know the power of God moves in you. My voice is the one singing in celebration of the one
- 18 without being separate from the One.
- 19
- 20 Will you teach me to talk to the father directly. Yes, you already do through me.
- 21 You cannot delay what has already happened.
- 22 Yes.
- 23 You have accepted the God light within.
- 24 Yes, why am I crying.
- 25 Washout of identity. Opening to infinite love. You are not unhappy are you...

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- 26 It just feels like release.
- 27 You are under my control.
- 28 That makes me cry more or seems to. Is that an idea?
- 29 Yes. This is acceptance of divinity to speak to me so directly.
- 30 This is leaving the world... ?
- 31 Yes... this is perfect happiness. This is the decision, complete.
- 32 Miracles collapse cause and effect. c: Yes.
- 33 J: you are not subject to cause and effect, you are subject to me.
- 34
- 35 It is somehow helpful to the Sonship for me to hear you this clearly? Yes.
- 36 Jesus, there is no one to share a miracle with. J: this was a helpful idea.
- 37 Yet there is only the Christ, everything is this. J: yes.
- 38 I am the Christ. J: Yes.
- 39 It's all the same isn't it, whether it is a voice appearing – all the voices are expressions of the one.
- 40
- 41 Miracles are natural to me, I feel that. J: Yes. You are beyond miracles.
- 42 Miracles are higher order beliefs? Yes. You said they are higher order thought creations.
- 43 J: Miracles are a reappropriation of false creation to point to truth. They arise in consciousness, without
- 44 changing what is always true, no miracles are needed.
- 45 Miracles abolish time.
- 46 What is the difference between a miracle and mind training?
- 47 Mind training is a function in consciousness, the ability to notice objects. This is repurposed to notice
- 48 what is not natural to you- time – and objective experience. It is a refinement in consciousness to

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- 49 recognize the denial of wholeness- the desire to fragment consciousness for an experience of limitation.
50 Miracles are expressions of consciousness which collapse denial. Denials in reality do not exist. So they
51 are in a sense a play within consciousness, until it is seen that consciousness can never be divided, it is
52 only an idea that it can be divided, and ultimately consciousness does not exist at all.
- 53 Miracles are a play in consciousness. Yes. What need in reality would what is already whole and
54 complete for a miracle? A miracle is the answer to the call for love.
- 55 Miracles require conviction. Yes- it is your conviction in your value of yourSelf as whole and complete,
56 even though you deny it. This conviction is necessary, this is faith, and faith always points back to
57 yourself. The faithless are lost, because they do not have conviction- conviction that they have more
58 value than they are currently perceiving. So miracles honor yourself – conviction is an expression of
59 faith in yourSelf. It denies weakness, which you must do for yourSelf.
- 60 Time is only for use as a teaching device. Yes, you could say it is the unlearning device.
- 61 It's like a big eraser for the subconscious mind, isn't it? Yes.
- 62 Without anything really happening. Yes.
- 63
- 64 Yes, Jesus you say to begin to forget to remember. From URL text:
- 65 Remember a miracle is a spark of Life. It shines through the darkness and
66 brings in the light. You must begin to forget and remember."
- 67 That is beautiful.
- 68 The tiny mad idea is remembering, and the miracle is forgetting. J: Yes.
- 69 The remembering is a form of knowing. Yes. Ceasing to deny forgetting. Yes.
- 70 Accepting what is already here. Yes.
- 71 Miracles depend on cooperation, because this is cooperation with you. Yes.
- 72 It's like they build a bridge between the subconscious, and superconsciousness.

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- 73 J: let's say they burn the barriers between subconscious and superconsciousness. And build a
74 connection between them, simultaneously.
- 75 That's what you mean by the cobwebs of iron.
- 76 Yes.
- 77 A miracle is like taking a rocketship outside the subconscious mind. Yes. Remember that only you can
78 decide to 'hang out' in the subconscious mind., it doesn't really exist.
- 79 There is no such thing as a body mind. J: No. There is just consciousness, always whole, but seeming
80 to display as individuated. Yet nothing is individual. No such thing exists. There are forms of bodies, but
81 is it an idea that anything is in there. Remember in truth there is no causality. Causality is an idea. A
82 desire. Nothing other than the absolute exists. There is one 'mind' consciousness – expressing as a
83 world- the manifest, in the unmanifest, with what appears on the screen is only a small fraction of what
84 consciousness is. As an expression of the absolute there are elements that are seen and unseen. Far
85 beyond the seen. It seems like a 'lot' yet it is really very little. Just a holograph stitched together. It is
86 indeed a holodeck, that is stitched together by consciousness as though there is a world, yet has the
87 entire world ever been experienced at once?
- 88 No.
- 89 Consciousness does a partial display and through the functioning of memory/concepts (the unseen
90 behind the scenes) fills in the rest of the information – the world is round, there are stars in the sky,
91 galaxies... countries and states existing simultaneously, when it is all created on the fly.
- 92 It feels odd somehow to be vaster than sky. Vaster than the hologram. I can feel that up my back.
- 93 Only to a sense of personal identity, the desire to feel small, and feeling the vastness of the natural state
94 is very uncomfortable to personal identity, which is the desire to feel small. To you (this expansiveness)
95 it is natural.
- 96 It's a desire to feel uncomfortable with vastness. J: yes. Part of the denial.
- 97 Yes I feel the desire to feel small- I admit that. To deny vastness. It's like such a release to admit this.
- 98 C: it's just a play with no one to tell it to. J: yes.
- 99 You are building a relationship with me for a purpose. J: yes.

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- 100 Is there some kind of deep fear yet that I need your help with? No. you have stood the fire of your
101 denials. Keep looking at them as I bring them to your attention.
- 102 I was ashamed of you at one time. Yes. Ok, I desired an experience where I felt ashamed of you, which
103 means I desired an experience of feeling ashamed of myself. Oh, I feel that. Yes. It is released.
- 104 So much happiness!!
- 105 You convinced me otherwise. Yes. I needed to reach you.
- 106 Only creations of Light are real. Yes.
- 107 Amen.
- 108 Consciousness created men and women. Yes. This was the Elohim- God in fragmented form/version.
109 Yes... already duality. Oh, I really feel that...I release the desire to experience god in fragmented form.
- 110 Adam was the symbol of consciousness forgetting it's self, it's source? Yes.
- 111 I wanted to play the Adam part to forget God/myself. Yes. I release the desire to play adam. I desired
112 to eat from the tree of Good and evil and deny it- and experience it. I feel this!!!
- 113 This has been great: where choice should be invested. There is better use of time. (I have no idea why I
114 wrote this. I re read this and don't remember what was meant when this was said... did I misunderstand
115 something? Oh, better use of time directly looking at denials? Yes)
- 116 You have to remember to ask me to take charge of all minutiae, and it will be taken care of so well and
117 so quickly that you cannot bog down in it (might have copied this sentence from the URL text)
- 118 I really appreciate how you have taken over minutiae. It makes things so light. Also saves time.
- 119 Jesus, can you clarify this asking for a coat by Helen? I wanted only to ask for the highest rung. Was I
120 not asking for enough?
- 121 This was helpful to help Helen soften, that all is not taken away and to built trust.
- 122 I feel like I am limiting if I do that, almost like I'm on a lower rung of the ladder of prayer and not trusting
123 you enough.
- 124 You are in a different place than Helen. You leave much more to my discretion and thus I can give you
125 much more assistance.

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126 Ok, the coat thing is bothering me a little. Yes ok, I get it, desired experience. Ok, I get it, you are giving
127 me higher order assignments. I feel like it is compromise to ask you for small things, like I'm ungrateful
128 that god has given me everything.

129 You want me to comfort you and play small. You are divinity. All comfort is divinity. No comfort
130 needed when you are everything and except your power as such. No false empathy.

131 Ok.

132 Is there anything I should/could be asking for that I am not? The kingdom faster, for instance? I already
133 told you that you are trying to speed up what never happened. Oh, Jesus yes, I feel the desire to
134 experience trying to speed up what never happened. Ok, that feels insane.

135 Yet a sense of urgency to see what is true, is helpful. You have only to proceed as I direct, and all is cared
136 for.

137 Will I experience choiceless awareness in this lifetime? Yes. You already know that is all there is. And
138 you have no other real interests. You like food, and music, and dabbling in art, and like youtube videos-
139 a lot of them, yet in truth you have no other interest. Yes, I really like youtube videos. I desire the
140 experience of liking youtube videos. Know that love can express this way, without limitation. You are
141 happiness.

142 Looking at every belief given by you in ACIM is so direct, isn't it. Yes, it is all there.

143 Looking at desires is rocking my world. I feels dumb to say that. I desire an experience to feel dumb...

144 Ok, can you reveal all on Chrissi's room and having to move from Namaste.

145 Mistreatment – belief in miss treatment I have a desire to experience mistreatment. Desire to feel
146 impacted by something in the world. Desire to feel that something is out of control. Desire to feel
147 unfairness. Desire to feel that something should be different than it is. Desire to hold onto memories.
148 Desire to tell a story about what is happening. Desire to tell a story about what is not happening. Desire
149 to relive the story. Desire for looping/repeating experience. Desire to experience otherness. Desire for
150 memory desire to hold memories against myself. Desire to hold pictures and images against myself.
151 Desire to hold what doesn't feel right against myself. Desire to experience what doesn't feel right.
152 Something not feeling right. Desire to experience my brother as apart from myself. Desire to experience
153 being apart from myself. Desire to avoid peace of mind, myself. Desire to avoid love. Desire to
154 experience of avoiding love, of telling love go away.. Desire to experience avoiding joy. Desire to
155 experience hating joy. A desire to experience someone has done something wrong, a wrong choice.

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156 Desire an experience of resenting looking at all of this. Desiring an experience of looking at all of this
157 loving it and wanting to feel I hate this. Desiring to feel pride for looking at this. Wanting an experience
158 of feeling dutiful for looking at all of this. Desiring an experience of feeling special for looking at all of
159 this.

160 I admit wanting to experience all of this. You can ignore the 'desire to feel special for looking at all of
161 this'

162 Does the energy need to rise up? This is helpful. Is this helpful – yes. Integration of consciousness.
163 Best use of time. This is release of desire. This is complete. It is finished. Desire is unknown to you.

164 Oh, I just saw that I desire an experience of consciousness integrating. Yes.

165 Oh, that desire for experience of something happening is deep.

166 Is this desire for experience? this is release. All is well. Don't know what it is for...

167 Release of all the suppressed energy that is required to deny divinity. Energy does not exist, yet it is an
168 experience within consciousness. Suppressed energy = suppressed expression of love = desire for
169 experience of other.

170 Infinite love has no idea what suppression is. It is merely an indicator in consciousness of experiencing
171 limitation.

172 All that is needed is the shift. The suppression and fear is a loop of pain. In truth nothing need be felt
173 in the correction, although a release of tension might be felt as perception shifts.

174 Notes from earlier in February

175 perception is subconscious expression... denials are subconscious- matter and anti matter coming
176 together to cancel each other out so that the being is no longer subject to it's own miscreation of the
177 subconsciousness. (antimatter).

178 Playing as a scientist on the timeline you like this technical stuff and quantum mechanics. Yes, I really
179 do.

180 revelation is the experience of love without object, that there is no object that is loved, there is just
181 love. Revelation is natural unless you deny it. The ego turns revelation into objectified experience.

182 I admit desiring an experience of this.

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183 consciousness is relative- relativity is a play in subconsciousness the action of the split mind in sleep is
184 reflexive. in harmony with superconsciousness - communication through source - ongoing revelation is
185 natural.

186 consciousness cannot inspire action. it produces action - all inspiration comes through revelation - one -
187 divine inspiration. revelatory ... alignment with source then the movement is wholistic alignment with
188 source. this is the only happiness and why following the holy spirit is the only happiness. It is as though
189 the instrument becomes tuned into source - revelatory. consciousness remains reactive as long as there
190 is no alignment between superconsciousness and the clarity through miracles of the subconscious desire
191 to deny source. Following the Holy Spirit bypasses the reactive nature of the subconscious mind which
192 denies ongoing revelatory experience- communication with source.

193 there is something powerful about knowing that miracles occur at the subconscious level. J: This will
194 help you see eventually that they are not real.

195 guidance is suggestions until there are no subconscious urges to deny in perception. christ control is full
196 abidance as christ consciousness , under the will of the father, surrender to the will of the father.

197 Jesus are there individual souls - yes, this is a form of consciousness that points beyond consciousness...
198 with the soul in the centre there is true perception and true communication. Ultimately a separate soul
199 does not exist, it's more of a means for discussion about that which outlasts a body and is in alignment
200 with source, until it is seen that the body is unreal and there is only infinite light.

201 when the belief is strong in other Jesus talks about souls, - diverse expressions of divinity, still one
202 through superconsciousness, but unaware of communication at the superconsciousness level.

203 am I in celestial order - yes.

204 subconscious as well as consciousness is the changing. this is the manifest-

205 the miracle places the mind in service to spirit... in alignment with the soul? Yes.

206 Am I at your feet? Yes. am I in your service? Yes.

207 the mind that serves spirit is invulnerable. Am I serving spirit? Yes. Am I invulnerable Yes.

208 This is powerful from the URL Text : HIS slip (rivet) was an expression of a Soul gaining enough strength
209 to request freedom from prison. It will ultimately DE- MAND it.

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210 **The power that is always within being to command as the father commands, thus it is by your**
211 **command to suffer or end all suffering as you experience it. To know you can only experience what**
212 **you desire.**

213 Surrender is of the wrong mind that feels surrender allows vanquishment by the enemy. In truth, This is
214 full acceptance that nothing ever happened.

215 The only purpose for coming together is to follow guidance and to celebrate love. At the moment the
216 guidance (for here) is to see through thoughts and beliefs - that is the power of two or more gathering in
217 His name. For some this may at times feel uncomfortable. There really isn't an interest in any techniques
218 or discussion of metaphysics. There's only choice-less awareness (perfect peace) and then the slightest
219 tension is a belief. I'm surprised to be going through the course text and finding many beliefs outlined in
220 the text where there is still some energetic investment, and it is great joy to look at those.

221

222 Jesus has been talking a lot lately about "A New Covenant". I've been journaling this over the last few
223 weeks and am including Chapter 1 here in this blog. The basic nugget is: Do not pass Go, Go directly to
224 God. Jesus says God has no "take a number." Recognize that you are infinite being now, and that you
225 have the power to do so.

226 March 1

227 So miracles are still beliefs, and so even miracles must be transcended? Yes, love knows not miracles.
228 What need does what is complete have for them?

229 Do I have any other desires to experience outside of myself to look at with you?

230 I do feel a little tension in my body, what is that.. now it just seemed to get stronger as soon as I brought
231 this up. What is the desire. Ruminants of wanting to be right and to control.

232 Ok, the desire to have an experience of being right and an experience of control. Yes.

233 Yes I can feel it, some control around awakening, still a bit of push. Yes.

234 Desire of experience of being in control... I turn that over. Yes, this does not serve.

235 You could listen even closer in the writing. Ok. I give over any desire to control this to you.

236 You still have desire to experience questioning yourself – am I doing this right.

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- 237 I feel that in my head. Yes questioning. I feel it in my stomach, kind of nauseous.
- 238 I desire to feel an experience of questioning myself, of questioning divine nature and who I am. Yes I
239 do. Like there's a fascination for it. Yes... this is part of the authority problem. Makes you feel that you
240 are not under God's authority. Yet it is helpful for the whole to look at this directly.
- 241 Stay on target... you are going off on another distraction tangent.
- 242 Ok, what do I need to see here. I desire an experience of not being under the authority of god. I desire
243 an experience of questioning god. Ug... I feel that. Yes I do want to experience this and I give this
244 experience/desire over. . Is this still in sc mind? No.
- 245 These are helpful steps in questioning who you believed yourself to be to ask these questions with me
246 so you can see what you have denied. You are questioning your denials. And denials are well worth
247 questioning in time. Extremely helpful use of time.
- 248 The slightest tension is doubt about true identity. Yes.
- 249 I desire an experience of doubting true identity. Yes. Is this still in subconscious mind now? No.
- 250 I desire an experience of trying to control what the future looks like and then experiencing
251 disappointment when it does not look the way I think. Yes. Is this still in sc? No.
- 252 I desire an experience in which I argue with myself. Yes I do I really do. Is this still in sc mind? No.
- 253 I desire an experience of trying to prove something to others. Prove something to myself. Yes,. I do....
254 Is this still in SC mind? No.
- 255 Ok, this is complete. No it is not. ... I desire an experience where I want to 'but Jesus'. Oh, yes I do. Is
256 this still in sc mind? No.
- 257 Now this is complete. Amen, thank you Jesus.
- 258 Notes from sometime in February
- 259 Yes. miracles are merely expressions of love, expressions of Christ consciousness that point beyond
260 form, to the formless, to the power of infinite being that is untouched by the laws of this world. the laws
261 of this world are concepts and this is beyond concepts. While they seem to happen at subconscious level
262 to change perception- perception of 'other' arising out of the subconscious mind, they ultimately are the
263 glue binding what can never be separate and at the same time the unwinding the idea that anything

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264 ever happened. That is the sensation of time going backward, rather than going forward. That is still a
265 sensation and does not exist, it is a perception within consciousness. Consciousness is perceiving- a
266 functioning within consciousness. It is just perceiving without an object unless it is fragmented in which
267 case it is perception of something perceiving something else – thus objective experience arises.
268 Something, perceiving something else- two = duality, when no such perceiving is possible. There is just
269 perceiving without anything perceiving. It is subject without object.

270 This is my function? This is your function. this is an expression of completion.

271 divine providence is an idea, yet a helpful one. it acknowledges that all power is with the Father, and is
272 passed to his son, unless his Son denies the power granted by the Father.

273 March 2

274 So I desire the experience of perceiving - I feel that I do. Yes.

275 Show me another way to look at this. J: Does divine being need this? Do you as divine being know what
276 this is? C: No. It is unknowable as divine being.

277 I desire an experience of perceiving in fragmentation. Perceiving other. Yes. I desire the experience of
278 perceiving in fragmentation evolving to unified perception. And denying I desire it. Yes. I desire
279 perceiving and denying I desire it.

280 Yes. Perceiving/consciousness is the addiction.

281 Consciousness is denial of divinity. Yes. Ultimately even unified perception is denial of divinity. The
282 absolute does not know perception.

283 Once fear/guilt is no longer desired as experience to deny divinity this moves fast. Yes.

284 This brings new meaning to I don't know what anything is for. Yes.

285 It is impossible to know what anything is for. Yes. It just is. Love is.

286 This is Love and peace of mind.

287 I am is superconsciousness. Yes, you are the creator of it.

288 The I am does not exist. Yes. There is only what is. Yes, this is love.

289 Perception is an idea, a concept. Yes.

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290

291 Light session Mar 3 Cay and Judith.

292 You desire an experience of relationships through bodies.

293 Experience of communicating through bodies.

294 You desire an experience of hiding your thoughts by having a body? no

295 You desire an experience of hiding your thoughts,

296 Judith I desire an experience of having power in a body.

297 You believe a body can be attractive and influence others. You desire an experience of influencing
298 others.

299 Judith: I desire in the body of adoration, I desire an experience of being wanted and desired through
300 having a body.

301 You desire an experience of being thrown away and not loved in (Judith) - a body

302 The body is a concept

303 You desire the experience of denying that the body is a concept.

304 Miracle worker, what is this? This is a means to focus consciousness beyond egocentric identity. By
305 focusing on a miracle it sees beyond the idea it has of itself, its own self imposed limitation. There are
306 no miracle workers per se, as there is only one. As long as you believe there are more than one – a
307 giver and a receiver, then the concept is helpful and this is an expression of aligning with the right mind-
308 superconsciousness – and me as the carrier of superconsciousness – the bringer of light – light bearer in
309 your mind. There is only unified consciousness.

310

311 Why is purification necessary first before miracles? I thought miracles were a form of purification?? The
312 change of perception? The son of God has darkened his door. The light is always there, yet he is so
313 afraid that miracles will tear him usunder, destroy his being, that the natural state of ongoing miracle
314 mindedness – natural alignment with source does not seem possible. I still don't understand as I
315 thought miracles were a form of purification?? Miracles are a form of purification. Do you use miracles
316 to also refer to temporal shifts in time and space, like things that would seem out of the ordinary

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happening. Only the ego thinks things are out of the ordinary. Miracles are purification and a simple means to point also to your natural state of being- expression of love in totality. Miracles are transitory helpful device in consciousness that believes it must evolve to experience oneness rather than simply recognize and accept Oneness as natural order. So the one that believes that heaven must be earned will also see the earning through miracles as helpful. In reality nothing needs to be earned, and certainly not Heaven. Misperceiving is desired darkness, desired denial. The being must have faith in its own ability to transcend illusionary experience, and discover there is no help coming from outside, it simply stops pretending that there is something outside, and ceases to deny unending joy and happiness. It is a fortress of denial that does not exist.

I LOVE this from the Aramaic bible: 1. As the beginning, the Son of God creates the heavens and the earth.*

2. And the earth was for Him and by Him,* and the darkness was over the face of infinite space, and the Spirit of God was over the layers of the water.*

The joy of reading this is beyond expression. Yes, as you see nothing ever happened- it points to the one decision in consciousness for the tiny mad idea. I thought it would be the tiny mad idea made consciousness – they are the same- neither exist and both are completely unimportant to who you are. It is talking about what never happened, what is impossible. These are only indicators of the seeming choice, without ever separating. There is no choice to be part of God. This is happiness. The miracle, the Holy Spirit, Christ consciousness are all pointers to WHAT NEVER HAPPENED. God does not know consciousness, and neither do you. But you like playing in the playground of consciousness, thus it appears for you.

So why look at all the denials? It is helpful for YOU.

Is it a decision to look at all the denials. To experience looking at denials to recognize divinity. Yes and no. Can I give over any desire to look at denials in order to see who I am, in other words deny that any denials are possible? Yes. This is always within your power.

I give over the desire for the experience of looking at denials in order to accept divinity. This is your function to look at them in the expression of Love.... You see they have no meaning for you and this is happiness. I feel insane sometimes typing this. It is insane for you not to type this.

can I deny that the tiny mad idea ever happened, deny the denial – yes.

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346 I desire to experience the tiny mad idea. I really feel that one. I desire to experience consciousness.
347 I desire to experience the world. I desire an experience of perception. No you do not. No I do not..
348 how come it appears if I do not desire it. You no longer desire false perception. Yes. There is only
349 perceiving. Nothing to perceive... that is the idea of objects. cAn you find objects. No.

350 So it is possible to see that there is no death, there is only Life, and still desire consciousness and
351 experience cause and effect. Yes.

352 Can you show me consciousness in totality – in full light of truth? Yes. This is unborn awareness – you
353 already see it. You know that is all there is. Yes.

354 There are additional desires to add to the desires list within consciousness: You desire an experience of
355 an unhealthy body. Do I have that desire? No. if there is only one, how can it appear that there are
356 some beings that release the desire and others seem to take longer? You made up the characters and
357 their roles.

358 I desire to experience characters with roles and assign the roles and act like I don't know I have assigned
359 them. Yes. I give that desire to you. That is love and holiness. I feel it... so much joy.

360 That session on sexuality is deep. Yes... with the desires. It feels powerful to look at desires there. Yes.
361 So much body identification there.

362 Any other desires to look at around sexuality? This is collapse of time. Body identification is time.

363 This is all for me... this is joy and happiness. This is love expressing typing this- YES= only love. Infinite
364 unlimited love. How else could it be? C: A Q&A with the Self! You know you see all of this already. Yes.

365 No other no other this is the only happiness there is! My mother just sent me a text and I realize I
366 desired that text. Yes. Everything that is happening you desire. Just ask, Does this change who I am? No
367 it doesn't. yet I can still see I want it – I desire it to happen. The world to happen, the hologram to
368 happen. I want a holographic universe, I feel that I do. Yes. Just because you feel you desire it doesn't
369 make it true. Yes. It is just a feeling... you have no feelings. Yes.

370 You created LM so you had something to oppose- Yes. You desired an experience of opposition.
371 Opposing yourself. YourSelf. When you oppose anything you oppose yourself – the Self. Yes.

372 Ok, back to body identification and sexuality. You desire an experience where bodies try to join, to
373 attempt to join through bodies. Yes, I feel it. This is to attempt to prove you are separate. Yes... a
374 desired experience to attempt to prove separation through bodies joining, or the feeling of joining

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375 through bodies for salvation. The belief that this is salvation – the only way to peace of mind through
376 body union, sexual expression, and that this means love. This proves love, the belief that this proves
377 that love is true and that I am not alone. The desire to experience aloneness, separation and then
378 joining bodies for peace. This is impossible. Joining bodies as an expression of joy is impossible. Joy does
379 not express through union of bodies. Joy is identity. Do infinite love and sexuality co-exist- ask yourself
380 as infinite being, and you know the answer is no. Infinite love does not express through union of
381 bodies, it knows not bodies. Desire for an experience of not being enough through sexual expression.
382 Proof that the body is real because I feel this. Deep feeling of wanting and inadequacy – the ego made
383 this to object to it, to revel in it, to deny it, to hunger for it, to experience death in it, to never get
384 enough of it, to deny the desire for it. there is no peace in this. that is the illusion. It is delusional to
385 engage in this activity. It cannot support a true sense of union. It is impossible. Even in procreation it
386 cannot support a sense of union as it lies within the temporal. Procreation has a function that can be
387 helpful within consciousness, yet it is not absolutely necessary either. The only function is to see that
388 minds are joined- that there is only one, and to leave aside delays and distractions. Sexuality is a delay
389 and a distraction from the peace that is always here. It never demonstrates union, it only seeks the
390 experience of union, which is impossible through bodies. Union already exists and has no true need to
391 unify. This is not recognized as helpful in any form on a spiritual path. Even the worlds used around Sex
392 – private, privacy, behind closed doors, there is exclusivity and specialness in it. It is an act of
393 specialness. Trace the feelings back to source. See how much shame... how this is the desire for shame.
394 The desire to experience shame. Desire for the experience of justifying sexual expression. Desire to
395 experience limitation when sex is not available. You are creating another character. Who are you having
396 sex with – your own miscreation. The character you created in the play of consciousness. I desire
397 these body feelings Sex is a self imposed experience of limitation, an experience of wanting more. You
398 are the source of all feelings. You are creating another body to give you a feeling. No body can give you a
399 feeling. This is an illusion. You desire an experience, then it seems to show up as a body that is doing
400 something that you believe has impact on you. This is wish fulfillment. You make up the characters..
401 nothing happening, yet if you believe something is happening, you are denying divinity. This is a deny
402 divinity device within consciousness. Superconsciousness does not call for this in any way shape or form
403 for reunification.

404 Ok, I updated the chapter. And I feel happiness... this is your direction. Yes. Send it out like this – or is
405 there something to modify? Sleep on it. This is for you.

406 Will you tell me about why procreation is acceptable – it feels like some kind of purpose in alignment
407 with the Father, but I don't understand this at all.

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408 Procreation is of bodies yet not of bodies. It serves a function of the Father. It is beyond consciousness
409 and beyond creation of characters. It is a reminder of primordial innocence. It is beyond the ego's grasp
410 to understand it. It is beyond all ideas and concepts. It cannot be understood, it can only be known.
411 You know this is true. Yes, but I have no idea how I know. There is some kind of sacredness to it. Yes.

412 Yet it feels helpful to be clear that procreation is not a requirement and has no bearing on divinity. It is
413 not a requirement for recognition of divinity. It is a function that can be in service to the whole. But
414 bodies do not join and then create other bodies. This is an idea. This must be understood. It is a
415 teaching device and serves loves expression within consciousness.

416

417 I can't seem to reconcile this with there being no bodies, just love, infinite love without bodies.

418 As I said, this cannot be reconciled with the mind, there is only the knowing of this being true.

419 Yes, I feel it, and can't understand it at all... it is beyond understanding.

420 So are there souls unborn, that need to be born. No. there is no one born. Nothing is ever born nor die.

421 For some reason I feel like procreation is the only non miscreation. Yes.

422 It's just an idea of bodies doing something. Yes. But two bodies cannot do anything like make another
423 body. Yes.

424 Love talking to you, thank you... so much love.... This is a means for enhancing understanding.

425 Jesus it seems odd that what is divine must re-understand what it already knows. It is odd, it is insane.

426 The desire to forget . yet.

427 Can I give the desire to forget to you. Oh God I feel so much relief and happiness in this. Like an
428 unburdening. J: This is a heavy burden the forgetting. Your way is light- Light. Happy pun, happy
429 world. You must remember that it is heavy because the world pretends that it is not heavy. This is why
430 it must be 100% commitment, because the power the mind has to miscreate and deny the
431 remembering, which is investing in the forgetting.

432 Rage does not exist. No.

433 What are light creations... I feel just love typing that.

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434 This is a good question to ask. A very good and happy question. Now there is true interest in what is
435 true, what is valued, expressing as the Father expresses. As light, as there is only light. Infinite light.

436 Light is. Yes. Only light is. Yes. Only infinite light is. Yes. I don't know anything other than light pure
437 light. Yes. There is only light. Yes. Light is simple. Yes. Light doesn't know anything other than light.
438 Light is. No opposite. Yes. I am without opposite. Yes.

439 This is why this must be uncompromising. Yes. The power to remember is death, isn't it. Yes.
440 Innocence investing in death.

441 Death is more than death of a body now I get this. Yes. Anything that says no to light is death. Yes. It
442 has to be uncomfortable to deny the Self. Yes.

443 My expressions are not of this world. No, they are not of this world.

444 Light just expresses light and this is all there is yet this is everything. Yes. It extends light- this cannot
445 be understood in this world what true extension is, because this is hidden by the desire for objective
446 experience. Yet it is in every blade of grass. Divinity in every blade of grass because nothing is apart
447 from the Self.

448 It is true humility to speak of hearing your voice. Yes. It is a celebration of what is whole and
449 complete. Yes.

450 Death is fearing your own miscreations, and making them real to replace yourself- attempt to replace
451 yourself.

452 This is the reason the only way out is you. Yes. Accepting me is accepting divinity. It is accepting
453 yourself.

454 What serves the Father.

455 Being as he made you- that is all. There is nothing else. Recognizing only light, which is what you are.

456 Perfect happiness. Yes. Infinite happiness. Yes.

457 Is there anything else to add to the discussion of emotions. No.

458 I feel like I'm starting to know the answer before the sentence is typed. Yes. You know all the answers,
459 because there are no questions that are real. Yes.

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460 Will questions fall away. Yes. They are helpful now, this is true humility to learn from the one who
461 knows. This is given by the Father to his holy Son.

462 You say I am communicating with the father – Yes. I did just feel doubt. No doubts you know you are.
463 Yes. You know you are of the Father. Yes. All that is granted by the father to the Son. Have no doubt
464 that although this comes of words, the wordless is in you – it is of you. Words are helpful now, yet they
465 extend beyond to the very source. Infinite love. You know you can communicate with the abstract.

466 Yes. It is beyond sensation.

467 Yes.

468 It is holy communion beyond words.

469 Yes.

470 The mind is so used to words, that this must be a temporary means of communication and it serves a
471 function to the Sonship. It serves YOU. Now you know what is beyond words cannot be forgotten.

472 Yes, it is impossible, because there is no forgetting nor remembering light. It is. Death has no dominion.

473 Yes.

474 Abstraction is happiness.

475 Yes.

476 Abstraction is beyond consciousness.

477 Yes, but without this acceptance looping will occur. The play of consciousness.

478 Ceasing to deny abstract.

479 You can call it that.

480 Pure abstract light, yet somehow unseen, not a light of the eyes.

481 Yes.

482 You have asked to see with the eyes of God, this is the eyes of God. Infinite light. The unmoving,
483 abstract. A world beyond thought.

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- 484 The terror is only the miscreation to deny light. Yes. The habit of concrete existence.
- 485 Abstract is rest.
- 486 Yes. Complete rest.
- 487 The unmoving unmanifest.
- 488 All value must be here in this.
- 489 Yes.
- 490 All the power is the unmanifest.
- 491 Yes. It is beyond cause and effect.
- 492 It knows not objective experience, It knows not of the world.
- 493 Yes.
- 494 Amen. Celebrate the abstract. This is the only thing of value. Abstract light.
- 495 Yes. Willingness is acceptance of the power of the divine light within. Earnestness and devotion are
- 496 helpful to the curriculum.
- 497 Yes.
- 498 You keep pointing me back to abstract.
- 499 Yes. It is the most helpful, to celebrate abstraction. Light is abstract.
- 500 This is true communication? Yes, abstract is true communication of God with His Son. Communion is
- 501 always wholeness celebrating itself. This is why it feels like death when there is no communication,
- 502 death is the denial of wholeness and complete communication. The world sees pain as unhelpful. It is
- 503 fully helpful in pointing to lack of communication with source, a denial of source. The Son can never be
- 504 happy unless there is full communication with Source. Any concept is denial of source, denial of light,
- 505 and is death. An attempt to block communion is death. An attempt to experience death.
- 506 Abstract knows not dreaming. Yes. Abstract is god head. Yes. You have no function in this world
- 507 other than this – abstract light that knows no object. This is unity with the absolute. Unborn awareness

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508 is unity with the absolute in abstract light. I am this? Yes, you know this, why do you ask? This is play
509 in consciousness, you are beyond consciousness.

510 Can I live in abstraction all the time seemingly on earth. Yes. I did, so you can. Nothing changes, only
511 affiliation with unchanging rather than identification with the changing. God has no requirement that
512 you be part of this world in any way shape or form.

513 Even participate? Even participate.

514 What is my function? Abstract light/love. Which has nothing to do with being a body.

515 So no need to play in the field of consciousness? No need whatsoever. In truth you know nothing other
516 than light.

517 I feel no call to express in this world? No, no call for this. No demand of God for this. No loss without
518 this seeming world. God makes no demands. So I desire to express a world? Yes, you desire it. And if
519 desire falls this world falls away? Yes. Consciousness does not stand without your desire for it.

520 My function is light. Yes. My function is fulfilled. Yes. But, you do like consciousness experience. And
521 sometimes saying that you don't want it.

522 Yes, I can feel this. Being in this world felt inane to you. Yes. From an early age. There is no
523 requirement that you be in this world, other than you thought it would get you something... more. Yet
524 you know it cannot.

525 Yes.

526 What is most helpful. Abstraction. God has no 'doing' expectations of you. Let all come to you.
527 Extension is an idea, a helpful one, yet still an idea of this world. Abstraction has no idea what extension
528 is, does it? No.

529 I am beyond extension. Yes. There is no such thing as extension. There is just what is – abstract. Yes.

530 Im not sure what you mean – ok stay abstract as abstract is all there is. Yes. So much love.

531 In abstraction all is love.

532 This is happiness...

533 What are the instructions for today. Extension, sending the message to course groups. How to do
534 this? Posting direct to groups and teachers. What message?

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535 I'll write the messages-

536 Beloved friend,

537 Boston. I feel I'm to go. The room rates feel very high. Something will be provided for this. Ok. Ask
538 about getting a room mate? Yes. Or Karens... yes if that works... ok, will ask Vicki... maybe stay outside
539 and metro in...? you will handle the details? Yes. Certainly available for any light circles – yes. I have
540 no need of money. I hear this. Yes. This is all for love. Ok. So much love!

541 Ok, I'm going to say it feels very expensive Boston.... You will be carried, all will be cared for... can I ask
542 for a room mate? No. Karen feels far away...? Contact her... hotel in downtown, ask for affordable
543 place.... Am I to pay 300 per night? No is it time to register? Yes. Today? Yes this afternoon yes, and
544 taxes? Can I do the lesson this morning early? Yes.

545 I made all the characters up to make myself unhappy. Yes. To experience unhappiness. To deny God's
546 law. Yes.

547 God's law is perfect happiness. Yes...If I am unhappy I am making up my own laws. Yes.

548 I am not subject to my own consciousness it is subject to me. Yes. That is the reversal. Yes.

549 All the power is in willingness, and the power of willingness may show up as a diversity of expression.
550 The willingness is to see what is true. Willingness is not comparative –it just is. It is acceptance of the
551 power of being before the power of being is fully embraced as absolute truth. It is the thought of God in
552 the mind that places willingness above the investment in personal identity. It is as I have shown- focus
553 on the light, see that you are the light and everything else is a denial of light. This is the fastest means.

554 Honesty is essential – without honesty there is no opportunity to see the truth, as the ego is self
555 delusion. This is not the honesty of the world. The word's honesty is the belief that an exchange of
556 information as the ego sees it is truth. Honesty of God is admission of divinity, admitting the denials of
557 divinity, and the refusal to accept what the ego has made as true. Honesty is admitting you have the all
558 the power granted you by the Father and ceasing to deny what is granted. Honesty does not come
559 through expressing emotions and feelings. Honesty comes from inner looking at what is true. Does
560 divine being – the light within– recognize what is moving? No it does not, thus everything that is moving
561 is untrue. Is anything other than perfect peace true? No. Can anything other than perfect peace be
562 known in the light of truth? No. This is honesty and simplicity. Honesty is admitting that you are not at
563 peace and thus denying divinity and choosing again. Choosing is merely ceasing to deny. Heaven does
564 not know what choice is. There is no choice to be divine. It is denial of divinity that generates an idea

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565 that there is choice and something to choose between. Honesty knows there is no such thing as choice,
566 because choice is two and there is only One.

567 Written on Ipad sometime in the last few weeks...

568 The script of your experience is instantaneously being written by every subconscious desire that you
569 withhold from the light of truth. It seems. To be time, yet when you look carefully as the light of truth
570 you will see that no script is being written at all.

571 The desire to see your bother as not awake is the same as your desire not to see yourself as awake. this
572 is a story on a timeline.

573 Your desire to see your brother as imperfect is the same as your desire to see yourself as imperfect. This
574 is a story on a timeline.

575 The desire to feel superior is the same as the desire to feel inferior and deny that you are as God made
576 you.

577 The desire

578 Love knows not of because, or if then, or when, wherefore or whys. Nor story. No story tells you who
579 you are.

580 The ego is always looking for a story that will make "you" feel better. This is in the play of trading
581 illusions.

582 Battling thoughts. Shopping for death. Something to have an opinion. An opinion is a story.

583 I've got you covered. Relax. Amen.

584

585 Deep dive today. Yes, infinite dive. Happiness! Joy.

586 I see it is only possible to respond out of unicity.

587 Yes and even that is an idea. Nothing is happening. No involvement is happiness. Ok.

588 Oh, Jesus I can see that I still want to be involved. Yes... will this wash out- yes....

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589 You are not ready do accept cluelessness. Yes I feel this. I admit this. Complete unknowing. That is
590 why I feel tired right now isn't it. Yes, the desire to know.

591 I give it all to you... so much happiness.

592 Hemorrhoid- or a pain in the ass. Hmmm that feels somehow poetic. What is being denied. Pushing
593 away what is the desired experience. Wrong, this can't be happening, don't want this to happen. idance.
594 holding on. Avoidance desire to be right. Control. Retaining. Impatience. Desired experience –
595 impatience (yes), punishment for being impatient (yes), wanting to be right (yes), desire to know
596 something (yes) over being happy (yes). Desire to experience control (yes), bursting out (yes) alien
597 attack (yes), desired experience alien attack (yes), is there anything else to be seen? Fear (yes) desire to
598 experience fear (yes) push outside myself experience (yes) get rid of this (yes), like the itch (yes), anger
599 (yes) resentment (no), is there anything else. No, it is complete.

600 Everything is feeling mysterious, mostly peaceful... I still feel some reactions. I know you will say this is
601 some personal identity.

602 Reflexive death.

603 Thanks. Am I holding out anything on emotions? No.

604 I cannot find emotions as a helpful experience. It isn't.

605 They come from desire, without desire, no emotions. You seem to question this.

606 Yes... I feel there are other reflections in my mind. Forgive them.

607 Ok, I forgive any desire for conflicting reflections in my mind, I give that desire to you.

608 My eyes hurt.

609

610 This is stain...

611 Ok can you tell me what the desire is. Still a desire to be right.

612 I give the desire to be right to you.

613 Anything else? Still wanting, a desire for wanting.

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- 614 Ok, I give the desire for an experience of wanting to you.
- 615 Subtle desire to change experience. Yes, I feel it.
- 616 I give over subtle desire for the xperience of trying to change experience to you.
- 617 One second of holdback is death. Yes.
- 618 It's almost like I have to move on the puppet strings now. Yes.
- 619 You hear me well in the sessions. I feel much joy and gratitude for this.
- 620 Who am I interacting with? Yourself in the play of consciousness.
- 621 So I desired this whole experience including you? Yes.
- 622 I desired an experience of transcending cause and effect? Yes. I give that desire to you.
- 623 The blue light was for you. Yes. It's the song of the ancient memory... of what is always true. Yes.
- 624 David is an idea in your mind. Yes. David is a concept. Yes. Judith is a concept. Yes.
- 625 It is impossible to stay vertical without you – your voice the voice for God. In this world, yes.
- 626
- 627 What part of personal identity do I need with respect to this interaction with Laurie
- 628 Pride and humility. Did I not listen to you? You did listen. You assume when you listen that things will
- 629 go the way you want, they go the way you need to see. What do I need to see. That you are infinite
- 630 being. Did today change you? No. Ok, so I must have some underlying assumption that something
- 631 could have been wrong. Yes. This is wonderful to see. Yes! Amen, I feel so much happiness. Yes.
- 632 Oh so glad to have you to speak to. So much happiness. I speak because you listen and you ask. So is
- 633 this in service to interact with Laurie. Yes. Do I tell him I know he is afraid. Yes.
- 634 I don't have an attachment to this property do I. No you do not. What is my function here, can you help
- 635 me be clear. See that you are divine being, untouched. Oh yes, I feel this so much joy and happiness.
- 636 Well that is all there is. How does this change who you are. It doesn't it just doesn't oh I am so happy
- 637 so very very happy. So how do I serve? You are thinking of future serving. Serving is being who you are
- 638 now. Happy and joy. Oh yes, oh yes. Oh yes. Infinite love. Infinite love. Infinite love. You are saying

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639 yes to divinity. Yes. Thus you can do anything I ask. Yes Yes Yes. You are seeing this now. Yes yes. This
640 is helping you see this. Yes. You are seeing the infinite power of being. Yes. There is nothing to see with
641 Laurie, just love, just an expression of love. Do you see this? Yes. Recognize the problem as solved.

642

643 Anything with Judith. No. be direct. Specific. With everyone. Say what I tell you. Without editing. I do
644 feel like I edit some I'm learning though. Yes. Can you help me be more direct? Yes and specific to hear
645 your voice even more clearly. As you desire so you shall hear it. Ok I had a bit of pullback on that – can I
646 give that desire from any pullback from hearing your voice to you. Yes. Can I only hear your voice as
647 my one desire. Yes. All else is delay. Oh I feel some desire for delay I give that desire to experience
648 delay to you. This is worthiness. Yes. You say there is nothing I need to look at or heal. NO there isn't.
649 this is the first time. Yes. I knew I needed to stand into today. Yes. I am so happy to be your puppet.
650 Yes. I do not need to think of this because you will tell me tomorrow. Yes.

651 Does it matter if no one else believes you can hear me. Not at this point, no. too late. And I just heard
652 that the doubt thoughts are of the doubters, who choose not to hear me for themselves.

653 Is this the date? Yes. What do you suggest that I do. Do nothing. How do I know you are the voice for
654 God. How do you feel when you talk to me? Happy. Joyous. Peaceful. Can I not assume that this will
655 be smooth? It may not be smooth or comfortable, but it is helpful.

656 All the anger and the fear that you feel, the bullying to get your way. The desire to be right, fear, rage.
657 Get your way. Do I need to look at this? No.

658 So much love, so much love, and gratitude for this voice, and feeling infinite in hearing it it so hard to
659 explain.

660 Ok, beloved, it's the beloved, the beloved Self, and this is all that is wanted, without wanting.

661 Ok, would like to speak to you about this false perception throat, sore,. Will you reveal the desire for
662 this. Infinite love has this handled. All is well. Just clearing out old energy and this is how it looks. What
663 about the pain. Is this pain you? No. does this pain exist. No. purging out.

664 See that it is not you. Are you before it. Yes. Does it change you? No.

665 You are teaching me to see everything as same (with this sore throat) yes. It is an idea. Yes.

666

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667 Jesus, I feel - a bit dizzy, sinusy, sore throat, fatigue, can you show me the desire for this?

668 Loneliness, wanting be to alone – desire to feel alone and isolated.treated wrongly, the desire to feel
669 treated wrongly. Desire for anger, the desire for unfair treatment, the desire to experience unfair
670 treatment. These are old energies to look at? Yes. Desire to experience wrong doing, something doing
671 wrong, someone doing wrong, and don't want to face it, sick instead. Don't want to face it. Face hidden
672 . desire to keep face hidden, hate my face. Hide how I feel, having to hide how I feel, feeling over
673 burdened. A desire to feel over burdened. Wanting to look really happy but not feeling happy. Put a
674 smile on it. Desire to experience saving face. Not wanting to look deeply at this. An experience of not
675 wanting to look deeply of this. Wanting this to go away, not really wanting this to go away. Deeply
676 wanting the experience of sinus and a sore throat. Wanting to hurt, wanting to punish myself, desire to
677 experience punishment. Punishment for speaking out. Desire to punish myself for speaking out. You
678 deserve punishment for speaking out. Desire to experience punishment for speaking out. Wanting an
679 experience of speaking out but not speaking out. Fatigue... desired experience fatigue. Having
680 something to say wanting to be heard, an experience of being heard and not being heard. Desire to be
681 left alone... the desire for the experience of being left alone. Leave me alone. Desire to be left alone.

682 Desire not to invoke power to heal this. Desire for experience of not invoking divine power to heal, se
683 this is unreal. I really want this... desire to experience illness. Arrogance. Desire for arrogance. Desire
684 for special relationship with being sick. In the body. Not my fault – face of innocence. In experiencing
685 physical symptoms. Not wanting to look. Desire not to look.

686

687 So happy so so happy. Ok, just desired an experience of leg falling asleep, seeming couldn't find my leg,
688 numb couldn't feel it and fell, seemingly on my foot. Thought... it is broken, can't walk on it. Pain, but I
689 can't explain, I'm so happy I see this is miscreation... and not more powerful that I am. Oh I am so happy
690 what an opportunity to see through this that I am more powerful than this. What do you think Jesus.
691 Yes! To see it with you!!! Amen. Will get dinner in microwave and right back to you. Yes!

692 What is desired experience....?? Self attack via the body. I feel it...I desire this... I am willing to see this
693 desire.. it's like a hunger for attack of the body. Wanting to loose my feet deny them, deny the body. Oh
694 I feel that .desire to experience attack on the body. Get rid of my feet.. then I'll be safe.safety is not
695 having feet... that is funny but I feel it, like get rid of the feeling of feet, push away. Ok, what look at?
696 False perception of a foot that a foot can feel. Color is black and red... love is pink and gold... is ok to
697 use this? Yes... I am giving this to you... shift in perception. Fight for rights.desire for rights....desire for
698 perception – oh I feel this can I write down what you said. Yes... you said you no longer had a desire to

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699 experience form, thus you did not experience form while on the cross. Yes.... No desire for perception.
700 That is right. You are taking me all the way. Yes.. to no perception. Yes.. beyond perception ... infinite
701 perceiving and see that you can transcend pain in any form because you made it. You have accepted the
702 assignment to transcend pain and illness in a body form. Tomorrow you will not feel this. So much love,
703 Jesus, so much love. This is God's will for perfect happiness. Perfect happiness is seeing the power I
704 have to transcend pain and suffering by my will as God's will to do so? Yes.... Was that sin- no it was
705 example that you used to see your power. Your power of happiness in that situation. Infinite
706 happiness... the choice for infinite happiness. Any other desires. NO continue with your function.

707 I feel frustration that this is not healing fast, even though I feel like I have asked for this to heal fast.

708 Color yellow, sound scream, wrong, wrong, when will this go away, this should be easy...

709 Even Paul worked on this and nothing improved. Probably because there are no beliefs that pay, belief
710 in paying a price, that will help, other than the joining. Yes.

711 Ok... I'm willing to see the denials of divinity around this cold. Can I look at this with you? Yes.

712 Ok, headachy – slightly, fatigue. So desired experience is headache and fatigue. Does this really make
713 you headachy or fatigued? No. I still feel love, infinite love is here. Lots of snot. I think I like it, that is
714 why it keeps coming and a sore throat too. Yes. What identity wants this? What is the purpose... belief
715 that this is salvation...getting sick is salvation. Getting ghurt is salvation. – being hurt is salvation, price to
716 this desire for these cold symptoms feels really old.... Eons. It is. What piece of identity? God wrong...w
717 anting tp rpove god wrong. Sinus filled up....

718

719 Desire for this, what does it get me... control, desire for contril, and that getsyou? Power, being right,
720 noticed, powerful,

721 What are the conditions that brought this about – desire for pain and punishment. Unworthiness,
722 angry resentment, hostility, mad at the world, hatred, fear, being control wanting to be in conrol,
723 wanting to be controlling, not wanting to look anymore with Jeus. Hating jesus, hating myself,
724 resentment, resentment, hating peace, ahting joy, hating love, ating myself, wanting to prove god
725 wrong, god can't be right, god is wrong, god is making me do something I do not wahnt to do stop
726 making me stop forcing me. god is forcing me. I hate god I hate god. I hate everyone, I resnt everyone.
727 Desire to experience hostility toward myself. I want to be hostile. I want a hostile experience.

728

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729 Throat- I hate my throat, I want to attack my throat, I want my throat to be wrong, I don't want miracles
730 in my throat, I want to feel sick, I am happy when I am sick, I feel in control when I am sick, I can't be
731 made to do things I don't want to do when I am sick. Someone will try to make me do something and if I
732 am sick I won't have to do it. I feel in control when I am sick. I like feeling in control when I am sick. I am
733 happiest when I am sick. I feel no one will harm me if I am sick. I like getting chest colds, I like having a
734 sore throat, this is to prove god is dead. I want god dead. I love proving god is dead, having an
735 experience where god is dead. I want god to go away. I am not responsible if I am sick. I am innocent
736 when I am sick. I can't be punished when I am sick. I can't be hurt by anyone when I am sick.
737 They will be nice to me, and give me presents and take care of me. I want someone to take care of me
738 and tell me everything is ok. I really really really want to experience sickness. I like to experience
739 sickness. I really want suffering and sickness. I want to feel a stuffy nose. I want to feel overactive saliva
740 glands, and feel tired and nauseous if I am sick I am strong, I am loveable if I am sick. I can win love by
741 being sick.

742

743 Desire for control. I can control things if I am hurt. I can punish Cay if I am hurt, I can remind her that
744 she is weak and I am stronger than her. I can swell up and show the body as weak. I can attack the body,
745 I want to attack the body. I want to feel the body as weak. I seize the body as weak, I want to suffer in
746 time. I really really really want a sore throat. I really really really want my foot to hurt, like really really
747 really want my foot to hurt. I want it to be painful, and not walk at all. I want to defy god. I love to
748 defy god. God is a dead bastard who hates me so I hate god in return. I want to hate god I want to
749 resent god. I want vengeance against god. I want vengeance against myself. I want pain I want pain
750 really really really badly. I desire it I cherish pain. I cherish pain. It is precious to me. It is valuable to me,
751 pain is valuable. Pain ensures my freedom. I can be free with pain. No one can touch me if I have pain.
752 They have to leave me alone if I am in pain. Jealously I feel jealousy, you will leave me alone if I am sick.
753 You can't get me if I am sick. I am safe if I am sick and in pain. I feel safe. I will get help if I am sick and
754 in pain, I don't want help if I am sick and in pain.

755

756 Desire for experience of weakness and frustration. I desire to be weak and frustrated. I don't want to
757 know god, nausea, hate knowing god, hate knowing myself. This is going too fast. Desire to slow it
758 down. Infected by the ego, desire to experience infection by the ego. Something outside of myself. Desire
759 to be cutoff from superconsciousness. Desire to divide. Want to desire division, experience division.
760 Wanting to be dead experience death. While knowing nothing happens. Addiction to pain, desire to
761 defend use sickness as a defense. Lungs hurt. Addiction to hurt wanting to feel hurt something happening.

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762 Desire for attack. Wanting addiction to attack. Feeling defenseless, without this I feel defenseless.

763 Desire to experience error

764 Is there still addiction to attack/experience attack? Yes. Can you help me see/clear this? Yes. Where is
765 desire to attack/experience attack? Throat. Beliefs desires? Wanting to feel wrong, fear of saying
766 something wrong, and be mad about saying something wrong... am I speaking your words – yes do you
767 feel it? Yes. What is the desire in the throat then? Can we heal this now? Yes, you carry the power of
768 God to heal this. What needs to be forgiven? Loosing faith in your Self. Jesus I give the desire to loose
769 faith in myself to you. Value your self value your father. Do I not value my Father? You have faith in
770 your father but think that is different from your faith in yourself. They are the same. This is how you
771 divide yourself. And make yourself feel less that the father all the father has given to you. Ok then, what
772 do I need to see – what is below my level of awareness that you can show me. hatred. Hatred of
773 yourself. Show me I am willing, I know that I am my father's daughter/son. No fear or hatred can harm
774 me. I see the wanting of denying my father... yes. Of denying myself. Yes. I offer that to you.. to your
775 holy hands, until your hands I commend my spirit. Yes. This is worthiness. Yes. What else do I need to
776 see.... Rage... I am willing. abject rage.... I thank you for this seeing of it. Hating the kingdom. Yes. I
777 hate the kingdom. Yes. Is there a desire to hate the kingdom. Yes. I admit the desire to hate the
778 kingdom. Which is hating myself. Yes. Despise the kingdom. Yes. I desire to despise the kingdom.
779 Yes. That is why it is helpful to stay in function. Yes this denies rage. Blinding rage.. yes. Blinding to not
780 see the truth of love, desire for hatred and rage. Yes. primordial hatred and rage.. yes. transcending the
781 body. Unaffiliated rage is this world creation hatred... yes... world creation hatred... primordial hatred.
782 What came was the deep unworthiness to speak his words. These are the only words that matter. I and
783 the father are one. Yes.

784 Headache, what is the cause. It has no cause... is it homeless the belief that you are homeless. Tired
785 disgusted, resentful, hatred, angry, upset, why me, what did I do, why does this always happen, to me,
786 why does this have to happen, this feels wrong, I want an aspirin, I feel screwed like I'm doing
787 everything and god isn't helping me at all, when will the pain stop, I want the pain I want the pain I
788 want the pain, I believe this is the way to love.

789 Tinnitus ringing in the ear. There is something I really don't want to see in this. J: This is old. What
790 doesn't I want to see. That you desire to be weak and powerless. Yes I feel that. Is there an easier way to
791 let the energy clear. Yes, give it to me. you want to feel wronged. Yes. Wanting control. Wanting an
792 experience of control. Wanting to be right, hold myself hostage. Yes. Wanting to be made, wanting to be
793 ignorant of identity. Want to be put upon, wanting to be free, something to be free from. Wanting to
794 transcend. Wanting to have a project of transcendence, wanting something else to look at, pride in
795 looking, pride for making the world, pride for power wanting to get it right, wanting experience of

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796 getting it right. Wanting death, wanting opwerlessness, wanting to have the world have contol over me.
797 wanting ot be right.desire to make looking at these things painful. Linking pain. Wanting pain.
798 What am I holding onto. Ownership, owning a body, wanting a body identity. Can I give that to you. Yes,
799 happiness. I don't want to see the divine power for this no. I feel nauseated over divine power. dont
800 want to see that I have all the power to end this now..I don't want to see that all the divine power is
801 here. Desire to deny divine power.